**Men**strual Hyg**i**ene and **S**afe Male **C**ircumcision Promotion in **U**gandan **S**chools: **MENISCUS**

**Questionnaire on Menstrual Hygiene Management for Female Students ONLY**

|  |
| --- |
| **SECTION 0: INTERVIEWER DETAILS & CONSENT****THIS PAGE IS TO BE COMPLETED BY INTERVIEWER** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **Interviewer identifier information**  |
| QX001 | Interviewer name and code number: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |\_\_|\_\_| | INTCODE |  |
| QX002 | Date of interview: | D | D | M | M | Y | Y | Y | Y | IDATE |  |
| QX003 | Time of starting interview: |  |  | H | H | : | M | M |  |  | ITIME |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **CONSENT: Check consent and assent forms are complete and complete below***For participants aged 11-17 yrs, this questionnaire requires assent + parental consent.**For participants aged 18+ yrs, this questionnaire requires student consent only.* |
| QX004 | Age of student in completed years: | |\_\_\_|\_\_\_| | EAGE | **If student is aged 18+, skip to Q007** |
| QX005 | Assent obtained from students aged 11-17 yrs old? | YesNoNot applicable (age 18+) | 128 | ASSENT | ***If ASSENT=2 , give NO PARTICIPATION form to student*** |
| QX006 | Parent/guardian consent obtained for students aged 11-17 yrs old | YesNoNot applicable (age 18+) | 128 | PCONS | ***If PCONS=2 , give NO PARTICIPATION form to student*** |
| QX007 | Consent obtained from students aged 18+ yrs old? | YesNoNot applicable (age 11-17) | 128 | CONS | ***If CONS=2 , give NO PARTICIPATION form to student*** |

|  |
| --- |
| **SECTION A: STUDENT IDENTIFIER** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips/checks** |
| QA01 | What is today’s date**?** | D | D | M | M | Y | Y | Y | Y | IDATE1 |  |
| QA02 | What is the name of your School? | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |\_\_|\_\_| | SCHCODE |  |
| QA04 | Student’s initials (***Write the beginning letter for each of your first name, middle name and surname***) | |\_\_\_|\_\_\_|\_\_\_| | NAM |  |
| QA05 | What class are you attending? Do not include your stream. | |\_\_\_|\_\_\_| | FORM |  |
| QA06 | What is your student unique study number (***Write this number on the top of every page***) | |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_| | IDNO |  |
| QA07 | Are you a boarding or day scholar?(***Circle one response***) | Day scholarBoarding scholar | 12 | SCHTYPE |  |
| QA08 | How old are you now? (***Write age in completed years***) | |\_\_\_|\_\_\_| | AGE | ***Check this against QX004*** |
| QA09 | What is your date of birth? | D | D | M | M | Y | Y | Y | Y | DOB |  |

|  |
| --- |
| **SECTION B: SOCIO-DEMOGRAPHIC CHARACTERISTICS** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QB011 | What is your religion? (***Put a circle around ONE answer***) | Roman CatholicChurch of Uganda (COU) or AnglicanSeventh Day Adventist (SDA)Born again churchesMuslimAfrican ReligionNo religionOther religionIf other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 12345679 | RELIGIONORELIGION |  |
| QB012 | What is your tribe? (***Put a circle around ONE answer***) | MugandaMunyankoleUgandan RwandeseMusogaMugisuMukigaMunyoroAtesotAcholiAlurMutooroMufumbiraSouthern SudaneseRwanda RwandeseBurundianTanzanianKenyanOtherIf other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 123456789101112131415161718 | TRIBEOTRIBE |  |
| **The next question is for day scholars only** |
| QB013 | How long does it take you to walk to school each day? (***Please estimate the time you take in minutes***) | Time taken in minutesIf in boarding school, please write (Not applicable) | |\_\_|\_\_|\_\_|888 | DURMIN |  |

|  |
| --- |
| **Household characteristics** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **The next questions are for all students** |
| QB014 | How many people (adults and children) live in your household (including yourself)? |  | |\_\_\_|\_\_\_| | HHOLDT |  |
| QB015 | Of all people living in your household (including yourself), how many are adults and how many are children (aged <18yrs)? | Number of adultsNumber of children | |\_\_\_|\_\_\_||\_\_\_|\_\_\_| | HHOLDAHHOLDC | ***Check that A+C=T above*** |
| QB016 | Does your household own or have the following? (A) Electricity(B) Running water inside the house(C) Refrigerator (D) Television(E) Poultry (More than 10 birds)(F) Livestock (cows, goats, and pigs) (G) Moving motorcycle(H) Moving car(I) Land for farming  | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNoYesNoYesNoYesNoYesNoYesNoYesNo | 121212121212121212 | ELECTRICHWATERFRIDGETVPOULTRYLSTOCKCYCLECARLAND  | ***If HWATER=1 ->QB019*** |

|  |
| --- |
| **The next questions are for those without running water in the house** |
| QB017 | If you do not have running water in your house, where do you obtain it? | Tap/piped waterProtected well/springBoreholeUnprotected well/springLakeRiverOtherIf other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 1234569 | WATSOURCEOWATSOURC |  |
| QB018 | How long does it take (in minutes) to go to the water source, get water and come back from your home to the water source? (***Do not include time spent socializing there***) | Time taken in minutes |\_\_|\_\_|\_\_|No time, water on premisesI don’t know | 0888 | WATMINS |  |
| **The next questions are for everyone** |
| QB019 | Do you have any type of sanitation facility (toilet/latrine) inside your house? | YesNo | 12 | ANYTOI | ***If ANYTOI=2, -> B021*** |
| QB020 | Do you have a flushing/pour toilet inside your house | YesNo | 12 | TOILET |  |
| QB021 | If you do not have a flush toilet inside your house, what sort of toilet/latrine do you use? | Flush/pour toilet outside the houseVIP latrineCovered pit latrineUncovered pit latrineComposting toiletNeighbour’s toilet/latrineNo toilet/latrineOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 12345679 | LATRINEOLATRINE |  |

|  |
| --- |
| **Parental characteristics** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **The next questions are for all students** |
| QB031 | Is your mother alive? | YesNo | 12 | MALIVE | ***If MALIVE=2, -> QB025*** |
| QB032 | Do you live with your mother? | YesNo | 12 | MLIVE |  |
| QB033 | Is your father alive? | YesNo | 12 | FALIVE | ***If FALIVE=2, -> QB027*** |
| QB034 | Do you live with your father? | YesNo | 12 | FLIVE |  |
| QB035 | What is the highest formal education level that your mother completed? | None or less than primaryPrimary completedSecondary completedPost-secondarySecondary not completed | 01234 | MEDUC |  |
| QB036 | What is the highest formal education level that your father completed? | None or less than primaryPrimary completedSecondary completedPost-secondarySecondary not completed | 01234 | FEDUC |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QB037 | What is/was your mother’s occupation? | Does not workSubsistence farmerArtisan with irregular income e.g. bodaboda, market vendor, kiosk attendantConsultant with irregular incomeNon-professional with regular incomeProfessional with regular income e.g. doctor, teacher, government employeeManager with regular incomeHigh earner with irregular income e.g. large scale farmer, businesswomanOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 123456789 | MOCCUPOTHOCCM |  |
| QB038 | What is/was your father’s occupation? | Does not workSubsistence farmerArtisan with irregular income e.g. bodaboda, market vendor, kiosk attendantConsultant with irregular incomeNon-professional with regular incomeProfessional with regular income e.g. doctor, teacher, government employeeManager with regular incomeHigh earner with irregular income e.g. large scale farmer, businessmanOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 123456789 | FOCCUPOTHOCCF |  |

|  |
| --- |
| **SECTION C: SCHOOL ATTENDANCE** |
| *It can often be difficult to get to school every day, even when you are trying your best. We now want to find out how regularly you attend school and which factors affect your school attendance.* |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QC041 | How many days of school have you missed in the past 30 days? (***Write 00 if none)*** | |\_\_|\_\_| | DAYSMISS | ***If DAYSMIS=00, -> QD051******Max = 30*** |
| QC042 | Give the number of days you missed school for each reason given on the right. At the bottom, add any additional reasons you have missed school. | **Reasons for missing school**Sick at home (not menstruating) MenstruatingSick in clinic/hospitalLost a relative Not paying school fees Not having school requirementsSent home from school, disciplineCare-taking at homeCare-taking in hospitalOther reasons Specify other reasons (MOTH1 &2):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Total days missed** | **DAYS**|\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_||\_\_|\_\_|**|\_\_|\_\_|** | MISSREASHMISSREAMMISSREASCMISSREALMISSREAFMISSREARMISSREABMISSREACHMISSREACCMISSREAOMISSREADS |  |
| QC043 | Of the reasons given above, what is the main reason that you missed school? (***Circle one***) | Sick at home (not menstruating) Menstruating Sick in clinic/hospital Lost a relative Not paying school fees Not having school requirements Sent home from school, discipline Care-taking at home Care-taking in hospitalOther reasons | 12345678910 | MISREAMN |  |

|  |
| --- |
| **SECTION D: MENSTRUATION / PERIODS** |
| *Menstruation is an important process when girls come into womanhood. We are interested in finding out more about girls’ attitudes towards having their menstruation or periods.* |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD051 | Have you started menstruating (having your periods)? | YesNoDon’t know | 123 | MENS | ***If MENS=2 ->QD058***  |
| **For only those who have started menstruating**  |
| QD052 | How old were you when you had your first menstruation period? | |\_\_\_|\_\_\_| | MEN1STAG | *Range 8-18?* |
| QD053 | In which class were you when you had your first menstruation period? | |\_\_\_|\_\_\_| | MEN1CLAS | *Range P3-S3* |
| QD054 | About how many days does each of your menstruation periods last? | |\_\_\_|\_\_\_| days | MENDUR | *Range 1-10?* |
| QD055 | On average, how many weeks are there between the start of one period, and the start of the next one? | |\_\_\_|\_\_\_| weeks | MENSPACE | *Range 1-20?* |
| QD056 | How many menstruation periods have you had in the past 3 months? | |\_\_\_|\_\_\_| | MENTIMES | *Range 0-6* |
| QD057 | Which of the following issues (if any) did you experience during your last menstruation period? **(*Circle Yes/No for each question*)** |  |  |
| a)  | Skin irritation/rash/itching in the genital parts | YesNo | 12 | VITCH |  |
| b)  | Knickers were stained with blood | YesNo | 12 | INSTAIN |  |
| c)  | Outside garments were stained with blood | YesNo | 12 | OUTSTAIN |  |
| d)  | Sticky or wet feeling in the genital parts | YesNo | 12 | WET |  |
| e)  | Unpleasant smell | YesNo | 12 | ODOUR |  |
| f)  | Headache | YesNo | 12 | HEADACHE |  |
| g)  | Stomach pains, cramps, or bloating | YesNo | 12 | CRAMPS |  |
| h)  | Back pain | YesNo | 12 | BPAINS |  |
| i)  | Irritability or moodiness | YesNo | 12 | MOODY |  |
| j)  | Other discomforts that you felt which are not mentioned here? Please specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | YesNo | 12 | DISOTHERDISOTHSP |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **Sharing information on menstruation**  |
| QD058 | Who was the main person from whom you learnt about menstruation periods? (***Circle ALL that apply***) | **Circle ALL that apply**My motherPaternal aunt (Senga)GrandmotherMaternal aunt/step motherMy sisterOther aunties – not relatedMy fatherMy brotherMy friendA health workerA teacherNo-oneAnother personSpecify if another person: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 12345678910111213 | MENPERSONMENPERSOT |  |
| QD059 | When did you learn about menstruation periods?  | Before my first menstruation When the first menstruation startedAfter my first menstruation endedI have never learnt about periods | 1234 | MENWHEN |  |
| QD060 | From whom do you get **the most useful** information about menstruation periods? | **Circle only one response**My motherPaternal aunt (Senga)GrandmotherMaternal aunt/step motherMy sisterOther aunties – not relatedMy fatherMy brotherMy friendA health workerA teacherRadio, TV or newspapersOther means/personSpecify if other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 12345678910111213 | MENINFOMENINFOTH |  |
| QD061 | Who do you **NOT** talk about menstruation periods with?(***Please circle all that applies***) | **Circle all that apply**My motherPaternal aunt (Senga)GrandmotherMaternal aunt/step motherMy sisterOther aunties – not relatedMy fatherMy brotherMy friendA health workerA teacherAnother person, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 123456789101112 | MENOINFOOMENOINF |  |

|  |
| --- |
| **Management of menstruation periods**  |
| *A* ***menstrual absorbent is a material used to hold blood during a menstruation period****. Examples of menstrual absorbents include sanitary pads, sanitary towels, old clothes, home made materials, cotton wool, and tampons.**Menstrual absorbents include:* * *re-usable (materials that are used during several periods after washing e.g. clothes, Afripads sanitary pads, menstrual cups)*
* *disposable (materials that are thrown away after a single use e.g. Always sanitary pads, tampons).*

*The next questions are about which menstrual absorbents you know and which of these absorbents you have used or are currently using during your periods.* |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD062 | Do you know that the following materials are used to take care of the menstrual blood? **Please circle Yes or No for all (a) to (l)** |  |  |
| a) | Newspapers | YesNo | 12 | MENUSEA |  |
| b) | Leaves | YesNo | 12 | MENUSEB |  |
| c) | Old clothes | YesNo | 12 | MENUSEC |  |
| d) | Toilet paper | YesNo | 12 | MENUSED |  |
| e) | Cotton wool | YesNo | 12 | MENUSEE |  |
| f) | Knickers only | YesNo | 12 | MENUSEF |  |
| g) | Locally made disposable pads made of local materials i.e. *banana fibres* | YesNo | 12 | MENUSEG |  |
| h) | Locally made re-usable pads i.e. *Afripads* | YesNo | 12 | MENUSEH |  |
| i) | Disposable manufactured pads i.e. *Always* | YesNo | 12 | MENUSEI |  |
| j) | Manufactured tampons | YesNo | 12 | MENUSEJ |  |
| k) | New clothes i.e. face towels, hankies, socks | YesNo | 12 | MENUSEK |  |
| l) | Other, specify\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | YesNo | 12 | MENUSELMENUSELOT |  |
| QD063 | Have you **ever** used the following materials during your periods? **Please circle Yes or No for all (a) to (l)** |  |  |
| a) | Newspapers | YesNo | 12 | MENUSELFA |  |
| b) | Leaves | YesNo | 12 | MENUSELFB |  |
| c) | Old clothes | YesNo | 12 | MENUSELFC |  |
| d) | Toilet paper | YesNo | 12 | MENUSELFD |  |
| e) | Cotton wool | YesNo | 12 | MENUSELFE |  |
| f) | Knickers only | YesNo | 12 | MENUSELFF |  |
| g) | Locally made disposable pads made of local materials i.e. *banana fibers* | YesNo | 12 | MENUSELFG |  |
| h) | Locally made re-usable pads i.e. *Afripads* | YesNo | 12 | MENUSELFH |  |
| i) | Disposable manufactured pads i.e. *Always* | YesNo | 12 | MENUSELFI |  |
| j) | Manufactured tampons | YesNo | 12 | MENUSELFJ |  |
| k) | New clothes i.e. face towels, hankies, socks | YesNo | 12 | MENUSELFK |  |
| l) | Other, specify\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | YesNo | 12 | MENUSELFLMENUSELFLOT |  |

|  |  |  |  |
| --- | --- | --- | --- |
| QD064 | What did you use **during your last menstruation period**? **Please circle Yes or No for all (a) to (l)** |  |  |
| a) | Newspapers | YesNo | 12 | MENUSELASTA |  |
| b) | Leaves | YesNo | 12 | MENUSELASTB |  |
| c) | Old clothes | YesNo | 12 | MENUSELASTC |  |
| d) | Toilet paper | YesNo | 12 | MENUSELASTD |  |
| e) | Cotton wool | YesNo | 12 | MENUSELASTE |  |
| f) | Knickers only | YesNo | 12 | MENUSELASTF |  |
| g) | Locally made disposable pads made of local materials i.e. *banana fibers* | YesNo | 12 | MENUSELASTG |  |
| h) | Locally made re-usable pads i.e. *Afripads* | YesNo | 12 | MENUSELASTH |  |
| i) | Disposable manufactured pads i.e. *Always* | YesNo | 12 | MENUSELASTI |  |
| j) | Manufactured tampons | YesNo | 12 | MENUSELASTJ |  |
| k) | New clothes i.e. face towels, hankies, socks | YesNo | 12 | MENUSELASTK |  |
| l) | Other, specify\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | YesNo | 12 | MENUSELASTLMENUSELASTLOT |  |
| QD065 | If you currently use disposable manufactured pads (e.g. Always), would you be interested in trying a sanitary pad made locally in Uganda? | YesNoNot applicable (don’t use international brand) | 123 | LOCALTRY | ***If LOCALTRY=******2 OR 3 -> QD067*** |
| QD066 | Why would you be interested in trying a sanitary pad made locally in Uganda? | It is cheaperIf it is disposableIf it is re-usableOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 1239 | LOCALWHY |  |
| QD067 | Do you wear or use underpants/ knickers? | YesNo | 12 | USEPANTS | ***IF USEPANTS =2 -> QD069*** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD068 | How often do you wear underpants? **(Please select the best option)** | EverydayOn weekdays onlyOn weekends onlyDuring my periods onlyOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |\_\_||\_\_||\_\_||\_\_||\_\_| | WEARPANTSWEARPOTH |  |
| QD069 | Where would you most likely buy disposable pads i.e. *Always* or locally made? **Please circle Yes or No for all (a) to (g)** |
| a) | Local Pharmacy | YesNo | 12 | BUYPHAR |  |
| b) | Local shop | YesNo | 12 | BUYSHOP |  |
| c) | Market | YesNo | 12 | BUYMARK |  |
| d) | School | YesNo | 12 | BUYSCHOOL |  |
| e) | NGO | YesNo | 12 | BUYNGO |  |
| f) | Hospital or clinic | YesNo | 12 | BUYHOSP |  |
| g) | OtherSpecify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | YesNo | 12 | BUYOTHBUYOTHSP |  |
| QD070 | How much blood do you lose on the day of the heaviest blood flow of your period? | Very muchAverageLittle | 123 | MENAMT |  |
| QD071 | During your last period, how many times did you change your menstrual absorbent in 24 hours (1 day and 1 night) on the day of heaviest flow? | |\_\_|\_\_| | MENCHANG |  |
| QD072 | In the past 3 months, have you bought any sanitary pads, or had them bought for you? | YesNo | 12 | MENSAN |  |
| QD073 | Have you ever had a menstrual blood accident, when blood leaked through your clothes? | YesNoDon’t know | 123 | MENACCIDT |  |
| QD074 | While at school (from when class starts to when it ends), where do you change your menstrual absorbents?(A) I don’t attend school when I have my menstrual period?(B) Inside the latrine booth (C) Inside the bathing shelter (D) Go back home (during break) and change(E) Go to the dormitory room and change(F) Another private room in the school(G) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes/Agree’ or ‘No/Disagree’ for each option below**AgreeDisagreeYesNoYesNoYesNoYesNoYesNoYesNo | 12121212121212 | MENCHNGAMENCHNGBMENCHNGCMENCHNGDMENCHNGEMENCHNGFMENCHNGG  |  |
| QD075 | What do you do with your used menstrual absorbents when you are **at school**? (A) Throw into pit latrine(B) Throw into a dust bin(C) Throw it to incinerators (or the bin which will be taken to incinerators)(D) Take it home or to the dormitory(E) I don’t change my menstrual absorbent at school(F) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNo YesNoYesNoYesNo | 121212121212 | MENDISPAMENDISPBMENDISPCMENDISPDMENNONEMENDISPOMENDISPE |  |
| QD076 | How do you dispose of your used menstrual absorbents **at home or at the dormitory**? (A) Throw into pit latrine(B) Throw into a dust bin (C) Throw it to incinerators (or the bin which will be taken to incinerators) (D) Dig a hole and bury(E) Burn it(F) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNoYesNoYesNoYesNo | 121212121212 | MENDISPHAMENDISPHBMENDISPHCMENDISPHDMENDISPHEMENDISPHF |  |
| QD077 | What do you do if your clothes are stained with blood during school time?  | Go to teacher or nurseGo back home/dormitoryGet dress from friendsWash clothes in school bathroomOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 12345 | MENSTAINMENSTAINOT |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **The next questions are for students who have been assisted by teachers/nurses during menstruation**  |
| QD078 | Have teachers ever provided any help during your menstruation?  | Never asked a teacher for helpProvided spare clothesProvided menstrual absorbentAllowed more bathroom breaksProvided remedial classes/testsOther, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 123456 | MENTEACHMENTEACHOT |  |
| QD079 | How often is water available in your school for you to use while you are menstruating?  | AlwaysMost of the timeSometimesNever  | 1234 | MENWATER |  |
| QD080 | How often is soap available in your school for you to use while you are menstruating?  | AlwaysMost of the timeSometimesNever  | 1234 | MENSOAP | ***If QD063 (c, f, h OR k)=2, -> QD086*** |
| **These questions are for students who have ever used washable goods** (i.e. Clothes, Reusable sanitary pads, or knickers only) |
| QD081 | Do you use reusable/washable menstrual absorbents? | YesNo | 12 | MENWASH |  |
| QD082 | How do you wash your reusable menstrual absorbents when you are **at home**?  | Water aloneWater and soapI don’t wash it | 123 | WASHHOME |  |
| QD083 | How do you wash your reusable menstrual absorbents when you are **at school**?  | Water aloneWater and soapI don’t wash it | 123 | WASHSCH |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD084 | Where do you dry your menstrual absorbents?(A) Outside on a drying line(B) Inside the bathroom/shelter (C) Inside the house/under the bed (D) Inside the dormitory room (E) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNoYesNoYesNo | 1212121212 | SANDRYASANDRYBSANDRYCSANDRYDSANDRYE |  |
| QD085 | Do you share the washable menstrual absorbents with other people i.e sister, mother, friends, relatives?  | Yes, alwaysYes, sometimesNever | 123 | WASHARE | ***If QD063 (e, g, i, & j)=2, -> QD090*** |

|  |
| --- |
| **These next questions are for students who have ever used disposable menstrual absorbents** (i.e. Always, tampons, cotton wool, or makapads) |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD086 | Who buys the disposable menstrual absorbents that you use? (**please circle all that apply**)(A) Yourself(B) Father (C) Mother (D) Boyfriend(E) Other relatives(F) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNoYesNoYesNoYesNo | 121212121212 | SANBUYASANBUYBSANBUYCSANBUYDSANBUYESANBUYF | ***If SANBUYA =2, ->QD088***  |
| QD087 | What was the cost per packet of the menstrual absorbents you used last month? (***Don’t know=8888***)  | Shs. |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_| | SANCOST |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| QD088 | How often can you afford to use disposable menstrual absorbents?  | Every period for all the days of menstruation Every period but only for the heaviest days At least 3 times a year but not every periodOnce or twice a yearNeverOnly at school or when attending lessons | 123456 | SANDISPUSE | ***If QD064=5, -> QD090*** |
| QD089 | Why do you choose disposal menstrual absorbents? (Please circle all that apply) (A) Less worry about leaks(B) More comfortable (C) Disposal is easier (D) No need to wash and dry(E) Cloths are viewed as traditional and associated with low income(F) Others, specify; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Select ‘Yes’ or ‘No’ for each option below.**YesNoYesNoYesNoYesNoYesNoYesNo | 121212121212 | SANCHOSASANCHOSBSANCHOSCSANCHOSDSANCHOSESANCHOSF |  |

|  |
| --- |
| **Perceptions about menstruation periods** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QD090 | How much do agree/disagree with the following statements?**(Please tick the best option)** |  |  |
| a) | Period days are like any other day (I do not feel any difference) | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEB |  |
| b) | I prefer staying at home during my period rather than going to school  | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEC |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| c) | During my period I feel less self-confident than during other days | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVED |  |
| d) | During my period I avoid physical activity (e.g. walking, running) | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEE |  |
| e) | I feel anxious about having my next menstrual period | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEF |  |
| f) | I wish I would know more information about my menstrual period | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEG |  |
| g) | Boys tease me about my menstrual period | Strongly disagreeSomewhat disagreeNeither agree nor disagreeSomewhat agreeStrongly agree | 12345 | PERCEIVEH |  |
| QD091 | How important are the following for you in a menstrual absorbent?**(Please tick the best option)** |  |  |
| a) | Washable sanitary absorbents (e.g. Afripads) | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTA |  |
| b) | Disposable sanitary absorbents (e.g. Always, Makapads) | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTB |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| c) | Environmentally Friendly sanitary pads | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTC |  |
| d) | Sanitary absorbents made from local products | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTD |  |
| e) | Leak Free sanitary absorbents | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTE |  |
| f) | Comfortable sanitary absorbents | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTF |  |
| g) | Discrete sanitary absorbents | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTG |  |
| h) | Low cost sanitary absorbents | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTH |  |
| i) | Sanitary absorbents which are sold at convenient locations | Not importantOf little importanceModerately importantImportantVery important | 12345 | IMPORTI |  |

|  |
| --- |
| **SECTION E: MENSTRUATION AND SCHOOL ATTENDANCE** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| QE101 | Have you ever missed school in the past 3 months because of menstruation periods?  | YesNo | 12 | MISSMEN | ***If MISSMEN =2, ->QE0105***  |
| **These next questions are for the students who missed school because of menstruation periods** |
| QE102 | If yes, how many days of school have you missed in the last menstrual period? | |\_\_|\_\_| days | MISSDAYS |  |
| QE103 | Which of the following are reasons for you missing school when you are menstruating? **Please circle Yes or No for all (a) to (m)** |
| a) | Stomach or back pain: | YesNo | 12 | MISSMENA |  |
| b) | Feeling generally unwell: | YesNo | 12 | MISSMENB |  |
| c) | Fear of leaking blood on clothes | YesNo | 12 | MISSMENC |  |
| d) | Unable to afford menstrual absorbents: | YesNo | 12 | MISSMEND |  |
| e) | Lack of knickers: | YesNo | 12 | MISSMENE |  |
| f) | Embarrassment that others may find out that I am menstruating: | YesNo | 12 | MISSMENF |  |
| g) | Lack of access to water at school for washing hands if they are blood-stained: | YesNo | 12 | MISSMENG |  |
| h) | Lack of access to water at school for washing menstrual absorbents: | YesNo | 12 | MISSMENH |  |
| i) | Not being able to change menstrual absorbents at school: | YesNo | 12 | MISSMENI |  |
| j) | School latrines/toilets do not have enough privacy: | YesNo | 12 | MISSMENJ |  |
| k) | School latrines are not clean: | YesNo | 12 | MISSMENK |  |
| l) | School latrines/toilets are congested and difficult to use: | YesNo | 12 | MISSMENL |  |
| m) | Household members telling me not to go school during menstruation periods: | YesNo | 12 | MISSMENM |  |
| QE104 | Of all the reasons mentioned above in QE103, which one is the main reason for missing school? | **Select from list (a) to (m) above** | |\_\_| | MISSMENMN |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| **These next questions are for all students including those who have not started having their menstruation periods** |
| QE105 | If you were the head teacher of your school, which, from the following list, would you give priority to, in order to reduce school absenteeism due to menstruation periods, or for girls who miss school to catch up with school work? **(Rank in a table below with 1 having the highest priority and 9 being the least priority, ensuring that no number is repeated.)** |
| a) | Stocking sanitary towels in the school | |\_\_| | MENSUGA |  |
| b) | Allow girls to answer questions while seated to avoid embarrassment in case of staining one’s dress | |\_\_| | MENSUGB |  |
| c) | Ensure plenty of water to allow girls to clean themselves | |\_\_| | MENSUGC |  |
| d) | Ensure that the girls’ toilets are far from the boys areas to allow for privacy | |\_\_| | MENSUGD |  |
| e) | Ensure that there are disposal bins and incinerators for disposing used sanitary towels | |\_\_| | MENSUGE |  |
| f) | Stocking pain killers in the school for reducing menstrual pains and discomfort | |\_\_| | MENSUGF |  |
| g) | Ensure that there are remedial classes for the girls who miss class because of menstruation | |\_\_| | MENSUGG |  |
| h) | Ensure that girls who are menstruating do not receive corporal punishment | |\_\_| | MENSUGH |  |
| i)  | Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | MENSUGI |  |

|  |
| --- |
| **SECTION F: SEXUAL BEHAVIOR AND HIV/AIDS** |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |
| *We know that some young people like you are already having sex and some are not. We are only interested in hearing the truth about young peoples’ sexual experience even if you have not ever had sex yet. This discussion is very confidential, so we hope that you will be free to tell about your life sexual experience.*  |
| QF111 | Have you ever had sexual intercourse? What I mean is when a man puts his penis in your vagina. | YesNoNo response | 123 | SEX | ***If SEX=2 ->QF114*** |
| QF112 | How old were you when you first had vaginal sexual intercourse? | |\_\_\_|\_\_\_| | AGESEX |  |
| QF113 | Have you ever had sex with someone to get money to buy items to take care of your periods? | YesNo | 12 | SEX |  |

|  |
| --- |
| **The next set of questions on HIV/AIDS knowledge and attitudes are to be answered by everyone.** |
| *State whether the statements below are True of False using these codes: (****True=1****,* ***False=2****).****Please circle the correct response*** |
| QF114 | HIV is the same as AIDS | TrueFalse | 12 | HIVAIDS |  |
| QF115 | You can tell from someone’s appearance whether they have HIV or not. | TrueFalse | 12 | HIVAPPEAR |  |
| QF116 | People can have HIV without knowing it | TrueFalse | 12 | HIVKNOW |  |
| QF117 | There is a medical test that can show whether you have HIV | TrueFalse | 12 | HIVTEST |  |
| QF118 | There is no cure for HIV once someone has it | TrueFalse | 12 | HIVCURE |  |
| QF119 | There are HIV medicines that can help people with HIV to stay healthy | TrueFalse | 12 | HIVART |  |
| QF120 | HIV medicines work better if people with HIV take them before they become ill | TrueFalse | 12 | HIVARTILL |  |
| QF121 | HIV can be passed on through shaking hands or touching people | TrueFalse | 12 | HIVHANDS |  |
| QF122 | A person with HIV can pass it on through sexual intercourse | TrueFalse | 12 | HIVSEX |  |
| QF123 | People can get HIV from mosquito bites | TrueFalse | 12 | HIVQUITO |  |
| QF124 | People can get HIV by sharing a meal with someone who has HIV | TrueFalse | 12 | HIVMEAL |  |
| QF125 | People can protect themselves from getting HIV by having one uninfected faithful partner | TrueFalse | 12 | HIVFAITHFUL |  |
| QF126 | A pregnant woman with HIV can infect her unborn child | TrueFalse | 12 | HIVPMTCT |  |
| QF127 | A woman with HIV can infect her newborn baby while breast feeding | TrueFalse | 12 | HIVBREAST |  |
| QF128 | People can protect themselves from getting HIV by using condoms correctly every time they have sexual intercourse | TrueFalse | 12 | CONDHIV |  |
| QF129 | Condoms can break if the tip is not pinched to remove air bubbles | TrueFalse | 12 | CONDBUB |  |
| QF130 | If washed carefully, a condom can be used safely over and over  | TrueFalse | 12 | CONDWASH |  |
| QF131 | Condoms have expiration dates | TrueFalse | 12 | CONEXPIRE |  |
| QF132 | Using condoms during sex reduces your risk of getting HIV | TrueFalse | 12 | CONHIVRED |  |

|  |
| --- |
| **SECTION G: SAFE MALE CIRCUMCISION** |
| *There are different types of circumcision in our communities. However, this questionnaire is focusing on the medically conducted male circumcision, commonly referred to as “Safe Male Circumcision (SMC)”.**Now I am going to ask you some questions about safe male circumcision.* |
| **Screen** | **Question** | **Response** | **Variable codes** | **Skips** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| QG141 | Male circumcision reduces a man's risk of getting HIV | TrueFalse | 12 | CIRCMRED |  |
| QG142 | By approximately how much does male circumcision reduce HIV risk for a man? | Write the percentage | |\_\_\_|\_\_\_| % | CIRCMREDY |  |
| QG143 | How long should someone wait to have sex after getting circumcised? | DaysWeeks | |\_\_\_|\_\_\_||\_\_\_|\_\_\_| | CIRCWAIT |  |
| QG144 | Circumcised men don’t need to use condoms. | TrueFalse | 12 | CIRCOND |  |
| QG145 | Male circumcision reduces the risk of HIV infection for female partners. | TrueFalse | 12 | CIRCFRED |  |
| QG146 | Male circumcision reduces the risk of cervical cancer for female partners. | TrueFalse | 12 | CIRCFCANC |  |

|  |
| --- |
| **ADDITIONAL COMMENTS** |
| QX009 | Add any other comments you might have about this study | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | COM1 |
| QX010 | Time of ending interview: |  |  | H | H | : | M | M |  |  | ETIME |  |

**Thank you very much for your time and answers/suggestions!!!**

**The student initials will be removed from the database after data checking and cleaning so that no identifying information remains on the database.**