



MBARARA UNIVERSITY OF SCIENCE AND TECHNOLOGY

RESEARCH ETHICS COMMITTEE

P.O. Box 1410 Mbarara, Tel: +256-48-543-3795, Fax: +256-48-542-0782

E-mail: irc@must.ac.ug, mustirb@gmail.com

EKIHANDIIKO KY'OKUMANYISA OKWIKIRIZA

Omutwe gw'omushomo

Okugyezesza okwokubanza omunkora z'okukyebera abantu okwahonaho kubaasa kutungura omutindo omukukyebera oburweire bw'akarahure kerisho oburikuretw obukooko omuri Uganda

Omucondoozi Omukuru

Dr Simon Arunga

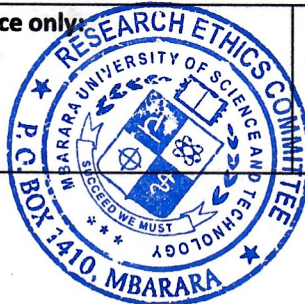
Okwanjura

Ebyoshemerire kumunya aha mushomo ugu:

1. Noshabwa kwetaba omumushomo gw'okucondooza.
2. Ekihandiiko ky'okwikiriza eki nikishoborora omushomo gw'okucondooza ugu hamwe n'obujunanzibwa bwawe omumushomo
3. Nyabura we, kishome okyetegereze kandi otware obwire obworikwenda
4. Orinyekundiire. Oine obugabe bw'okwanga kwetaba omumushomo, kandi nawayetabamu, oine obugabe bw'okurugamu eshaaha yoona. Tiharikwijja kubaho kibonerezo kyona waasharamu kuruga omumushomo.

Leave blank for REC office only:

MUST-REC Stamp:



REC OFFICE USE ONLY:

APPROVAL DATE: 26/07/2023

APPROVED CONSENT IRB VERSION NUMBER: JULY 2023

PI NAME: SIMON ARUNGA

IRB NO: MUST-2022-592

Obukwomoko bw'omushomo omubugufu

Okutunga oburweire omu karahure kerisho (ekicweka kyerisho ekirikureberwamu) nikikira kureeta okuhuma ameisho namunonga omu Mahanga ag'entasya eyahansi hamwe nag'entasya eyarwagati.

Oburweire bw'akaruhure kerisho obu niburetwa obukooko butarikushushana. Obukooko obu niburaguriwa turikukozesa emibazi etarikushushwana. Nahabwekyo okutunga ebirukurugamu birungi nikirugirira aha kumanya kyonyine ekyareeta oburweire rero omurweire akahebwa omubazi ogushemerire.

Kwonka ekyobusasi, Amarwariro meingi omw'lhanga ryeitu tigeine buhereeza bw'okubaasa kuyamba kumanya kyonyine ekyareeta oburweire. Eki nikibaho ahabwokugira ngu ebintu ebimwe ebyokukozesa omukumanya obukooko obu obwareeta oburweire nibabiguza aheiguru munonga.

Omumushomo ugu, turiyo nitugyezaho kwetegyerereza okukora kw'enkora zimwe ensya omu kukyebere kumanya ekyareeta oburweire bw'akarahure kerisho obwe turikuzigyerageranisa n'enkora ezirikwikirizibwa eziturikukozesa hati. Enkora z'okukyebere ezi bwanyima nizibaasa kukozesebwa omu myanya endeijjo eyebyamagara.

Okumanya enkora nsya z'okubaasa kumanya obukooko obu oburikurwaza akarahure kerisho, nikibaasa kuyamba kutungura omutindo omukukyebere oburweire bwa karahure kerisho omuri Uganda kandi kiyambe kukyendeza omubaro gw'abantu abarikuhuma ahabw'oburweire obu obwa karahure kerisho.

Ekigyendererwa ky'omushomo gw'okucondooza.

Ekyigyendererwa ky'omushomo ugu ni oku kozesa omuringo mutsa gw'okumanya obukooko oburikureta oburweire aha kicweka ekirikwera ekyomurisho kirikwetwa akarahuri(ekicweka kyerisho ekirikureberwamu). Ebi nibyija kwaguha kandi gwaguhi kukworesa wagyerageranisa nano gurikukworesibwa abwahati kandi nigubaasa kukworesibwa omu marwariro agandi againe

Leave blank for REC office only MUST-REC Stamp:	REC OFFICE USE ONLY: APPROVAL DATE: 26/07/2023 APPROVED CONSENT IRB VERSION NUMBER: July 2023 PI NAME: SIMON ARUNGA IRB NO: MUST-2022-592
--	---



obuhereza bw'ebyamagara kugira gu abarweire batugye endagurirwa nungi yoburweire bwabo bukiri kare kandi kibakyigire okuhuma neiga okuferwa erisho aha bwerisho kubakubi munonga.

Omumushomo gw'okucondoza ogu harimu okukyebera erisho ry'omurweire turikukozesa ekyoma kugira ngu tumanye oburweire okuburikwingana rero kiyambe omukuburagurira.

Ekindi omumushomo ogu, harimu okugira ebyokukyebera ebitwiha omumeisho gw'omurweire oyeine oburweire omu karahure kerisho kugira ngu twongyere kubikyeberera omumwanya gw'okukyebereramu neingashi labaratore kugira ngu twetegyereze ekiretsire oburweire.

Nitwenda abantu 300, abarayetabe omumushomo abeine oburweire ahakarahure kerisho.

Nitutekateka ngu nituza kumara edakiika 25 turikukyebera buri muntu orayikirize kwetaba omumushomo ogu. Nitwijja kukozeza edakiika nka 5, turikugira ebibuuzo bikye ebitwakubuuza , tukozese edakiika 10 turikukyebera erisho ryawe, kandi tukozese edakiika 10 turikugira ebyokukyebera ebitwiha omu karahure kerisho ryawe. Bwanyima noyijja kutegyereza tutunge ebyaruga omukukyebera rero Omushaho akuragurire kurugirira aha byaruga omukukyebera.

Ahabwenki noshabwa kwetaba Omumushomo gw'okucondoza?

Noshabwa kwetaba omumushomu gw'okucondooza ahabwokuba oine oburweire omukicweka ekirikureberwamu ekyerisho ryawe ekirikwetwa akarahure kerisho.

Entwaza

Ebyokutandikiraho

- Omukozi w'ebyamagara yamaara kwetegyereza ameisho gawe kandi natekateka ngu oshemerire kwetaba omu mushomo.
- Kworayikirize kwetaba omumushomo ogu, nituza kukubuuza ebibuuzo bikye. Omubibuuzo ebi, harimu bikye ebirukukwataho, ebikwatireine n'obuzibuu bw'erisho omubugufu, hamwe n'ebikwatireine n'omubazi ogw'obire nokozesa otakeijjire omu eirwariro. Nitwijja kugaruka tukyebera erisho ryawe turikukwozeza ekyoma.

Leave blank for REC office only: MUST-REC Stamp:	REC OFFICE USE ONLY: APPROVAL DATE: 26/07/2023 APPROVED CONSENT IRB VERSION NUMBER: JULY 2023 PI NAME: SIMON ARUNGA IRB NO: MUST-2022-592
---	--



- Nituza kugira amatondo gw'omubazi agutwateka omumeisho gawe kugira ngu otakahurira obusaasi twaba turikwiha ebyokukyebera omu reisho. Bwanyima, nituza kwiha ebyokukyebera omu reisho kugira ngu tubikyeberere omu labaratore tubaase kumanya ekiriyo nikireta oburweire omu karahure kawe kereisho.
- Nituza kukwozesa Kamera yomutano kukutera ekishani ky'ereisho kungira ngu twetegyezegye endwara. Ebishani ebi tibirikwijja kukworeka okworikusha aha meisho nibikwata ereisho ryoka tiheine owokukumanya. nkekicweka kya fomu engi, nitukushaaba orusa kuteera ebishani ebi.

Okuragurirwa

- Twaamara kutunga ebiraruge omukukyebera ebyokubanza, Omushaho wameisho naza kuhandika omubazi ogushemerire omukuragurira oburweire obubashanga oyine.
- Okuragura nikwijja kurugirira aha gyendererwaho y'eirwariro.
- Twashanga oburweire buri obwamani, nituhabura ngu ogume omw'irwariro kugira ngu tugume nitureeba ameisho gawe burizooba kumara kesande ibiiri. Oburweire bwamani bwine akakwate noburweire bugumire bwa karahure kereisho (ekicweka kyerisho ekirikureberwamu) haazamu ekiina, Neiga oburweire bujajjara kurunga ahakarahure buza omubicweka ebindi eby'ereisho. Eki nikiyetangisa okukurebereza munonga kutangiira ekyokubaho ahoonaho. Nitwija kuguma nitureeba ereisho kureeba haaba heine empinduka eriho twaaba nitubaasa kuhindura aha mibazi neiga okwogyera aha yorikukwozesa. Okuguma kwawe omwirwariro nokwijja kurugirira aha mani gw'oburweire.

Oburemeezi / Obutaguubwagye:

Ekyoma kyomutaano ekyiturabe nitukwozesa nikyireeta ebintu byaba bihango kiyituretera twareeba endwara eri omureisho kurungi. Ekyoma nikikwora okureeta ekitagara omureisho. Ekitagara obumwe nikiretera omurweire obutaberwagye omureisho. oyihireho obutaberwagye, ekitagara tihaine okukirikushisha ereisho. Obutaberwagye nibuhwaho bwanyima yobwire bukye

Leave blank for REC office only: MUST-REC Stamp:	REC OFFICE USE ONLY: APPROVAL DATE: 26/07/2023 APPROVED CONSENT IRB VERSION NUMBER: July 2023 PI NAME: SIMON ARUNGA IRB NO: MUST-2022-592
---	---



butahikyire ndakiika bamara okukukyebera . Nabwe nitwija kukyendeza obutaberwagye oburikurekwa ekitagara turikukwozesa ekipimo kyekitagara kyikye ekiturikwetega omukukyebera.

Nitwija kukwihaho ebyokukyebera ahareisho tubishwijumire omwikyeberero tumanye ekiika kyobukooko oburesire ereisho ryawe kurwara. Okwihaho ebyokukyebera ebi, nitukwozesa empitirizo. etwaza egi erigye niyo erikukwozesibwa bureijo omu barweire abarweire endwara egi . hariho obuzibuu bwokutunga ekina aha karahuri (ahakicweka ekirikwera). oku kyendeza obuzibuu obu, omushaho omutendeki niwe arikwihaho ebyokukyebera ebi, kandi titurikwihaho ebyokukyebera aha karahuri akarikubaasa kutunga ekina. Nitufayo munonga kureeba ngu toine buhuruzi bwoona omureisho tutakatandikire kwihaho ebyokukyebera.

Amagoba

Omumushomo ugu nituza kukyebera kumanya nibuzibuu ki. Eki nikiza kuyamba omushaho orikukuragurira kumanya omubazi ogushemerire omukuragurira ameisho gawe. Enkyebera ezi tizirikukira kureebeka omuri Uganda.

Eby'okuteera omuhimbo / ebihembo aha bw'okwetabamu:

Okukyebera hamwe nokutegyerereza ebirarugye omwikyeberero obumwe bibaasa kutwara nkeshaaha okurungirira aha abarweire abutwine okubarikwigana. Nitwija kukuhereeza amaize neiga ekyokunywa kyoona neiga soda.

Okukuma ebihama omukurundana amakuru

Amakuru gawe agararundwanwe nigaza kukumwa nkekihama. Amakuru gawe nigaza kumanyirwa aha namba y'omushomo ritari eziina ryawe.

Okukuma ebihama by'owayetabamu omukurundana amakuru:

Okubuuzibwa nikuuza kukworerwa omukishengye kyeherire kandi hatarimu rwari.

Leave blank for REC office only MUST-REC Stamp:	REC OFFICE USE ONLY: APPROVAL DATE: 26/07/2023 APPROVED CONSENT IRB VERSION NUMBER: JULY 2023 PI NAME: SIMON ARUNGA IRB NO: MUST-2022-592
--	---



Obugabe bw'okwanga/ bw'okurugamu:

Okwetaba omumushomo n'okwekundira, kandi oine obugabe bw'okwanga kwetaba omumushomo nari okarugamu eshaha yona. Washaramu kwanga kwetaba omumushomo torikwijja kubonerezebwa omumuringo gwona kandi noza kugumizamu orikutunga byona ebyoshemerire kutunga kuruga aheirwariro.

Nihabahoki waruga omumushomo gw'okucondooza ogu?

Oine obugabe bw'okuruga omumushomo obwire bwona kandi hatariho kibonerezo kyona; kandi ekyo nawa kyikora, noza kugumizamu orikutunga obuhereza bw'Eirwariro kandi hatariho magoba gwona agorikuferwa.

Nimbuuza oha/ ninterera oha nabanyine ebibuuzo neinga Ekizibuu?

Kuwookuba oine ebibuuzo ebikwatirine n'omushomo, nobaasa kumbuza hati, neiga nobaasa kuteerera Omucondoozi omukuru orikwetwa Dr Simon Arunga Owenamba ye yayorekwa aheifo.

Hikirira Omucondoozi Omukuru

Dr Simon Arunga

Department of Ophthalmology

Mbarara University of Science and Technology

+256701546684

Orusa gw'okutandika omushomo ogu tukaruhebwa Akakiiko Kitendekyero erihango erya Mbarara (Mbarara University of Science and Technology Research Ethics Committee). Akakiiko aka kakashwijuma ebihandiiko by'ebitekateekirwe omu kucondooza kureeba ngu tihaine kabi kwoona akakukubaho omu kwetaba kwawe omu kucondooza oku. Nobaasa kubateerera kuwokuba oine ekibuuzo kyona ekikwatirine nomushomo ogu. Nobaasa okubateerera haaba heine ekiwareeba ekitabagye omubakozi b'okucondooza okuruga omumitwarize y'okukuragurira. Okwetobwita koono omu kakiiko nikwija kutwazibwa kekihama. Ori kukurira akakiiko nibamweta Assoc. Prof. Paul Alele nane namba ye ehandikirwe aheifo.

Leave blank for REC office only MUST-REC Stamp:	REC OFFICE USE ONLY: APPROVAL DATE: 26/07/2023 APPROVED CONSENT IRB VERSION NUMBER: July 2023 PI NAME: SIMON ARUNGA IRB NO: MUST-2022-592
--	---



Assoc. Prof. Paul Alele

Chairman, MUST-REC

P.O. Box 1410 Mbarara

Tel: 0485433795/0772 576 396

Omukono nari ekinkumu kyawe aha kihandiiko eki ky'okwikiriza nikimanyisaki?

Omukono gwawe ahakindiiko eki nigumanyisa ngu:

- Bakushobororera ekigyendererwa, entwaza, amagoba n'oburemeezi omumushomo ugu
- Waheebwa omugisha gw'okubuuza otakataireho mukono gwawe.
- Waikiriza oyekundiire kuba omumushomo ugu
- Waikiriza oyekundiire Ereisho ryawe okuterwa ekishani.

Eiziina ry'omuntu mukuru

Omukono/ekinkumu ky'owayetabamu
Omuzeire/omukuza

Ebiro

owayetabamu

Eiziina ry'omuntu orikutwara
Okwikiriza

Omukono

Ebiro

Eiziina rya kareebi

Omukono

Ebiro

Leave blank for REC office only

MUST-REC Stamp



REC OFFICE USE ONLY:

APPROVAL DATE: 26/07/2023

APPROVED CONSENT IRB VERSION NUMBER: July 2023

PI NAME: SIMON ARUNGA

IRB NO: MUST-2022-592