



Trial ID:

Introduction-1: I will read few group of statements for you. Tell me one statement for each group that best describes the way you have been feeling during the past two weeks, including today.
(Instruction: Tick the ✓ appropriate boxes)

1) Now I will ask you about changes in sleeping pattern

- 0 I have not experienced any change in my sleep pattern.
- 1a I sleep somewhat more than usual.
- 1b I sleep somewhat less than usual.
- 2a I sleep a lot more than usual.
- 2b I sleep a lot less than usual.
- 3a I sleep most of the day.
- 3b I wake up 1-2 hours early and can't get back to sleep.

2) Now I will ask you about tiredness or fatigue

- 0 I am no more tired or fatigued than usual.
- 1 I get more tired or fatigued more easily than usual.
- 2 I am too tired or fatigued to do a lot of things I used to do.
- 3 I am too tired or fatigued to do most of the things I used to do.

3) Now I will ask you about loss of energy

- 0 I have as much energy as ever.
- 1 I have less energy than I used to have.
- 2 I don't have enough energy to do very much.
- 3 I don't have enough energy to do anything.

4) Now I will ask you about changes in appetite

- 0 I have not experienced any change in my appetite.
- 1a My appetite is somewhat less than usual.
- 1b My appetite is somewhat greater than usual.
- 2a My appetite is much less than before.
- 2b My appetite is much greater than before.
- 3a I have no appetite at all.
- 3b I crave food all the time.

5) Now I will ask you about loss of interest

- 0 I have not lost interest in other people or activities.
- 1 I am less interested in other people or things than before.
- 2 I have lost most of my interest in other people or things.
- 3 It's hard to get interested in anything.

6) Now I will ask you about sadness

- 0 I do not feel sad.
- 1 I feel sad much of the time.
- 2 I am sad all the time.
- 3 I am so sad or unhappy that I can't stand it.

7) Now I will ask you about crying

- 0 I don't cry any more than I used to.
- 1 I cry more than I used to.
- 2 I cry over every little thing.
- 3 I feel like crying, but I can't.

8) Now I will ask you about loss of pleasure

- 0 I get as much pleasure as I ever did from the things I enjoy.
- 1 I don't enjoy things as much as I used to.
- 2 I get very little pleasure from the things I used to enjoy.
- 3 I can't get any pleasure from the things I used to enjoy.

9) Now I will ask you about irritability

- 0 I am no more irritable than usual.
- 1 I am more irritable than usual.
- 2 I am much more irritable than usual.
- 3 I feel irritated all the time now.

10) Now I will ask you about agitation

- 0 I am no more restless or wound up than usual.
- 1 I feel more restless or wound up than usual.
- 2 I feel so restless or agitated that it's hard to stay still.
- 3 I am so restless or agitated that I have to keep moving or doing something.

11) Now I will ask you about self-criticalness

- 0 I don't criticize or blame myself more than usual.
- 1 I am more critical of myself than I used to be.
- 2 I criticize myself for all of my faults.
- 3 I blame myself for everything bad that happens.



12) Now I will ask you about self dislike

- 0 I feel the same about myself as ever.
- 1 I have lost confidence in myself.
- 2 I am disappointed in myself.
- 3 I dislike myself.

13) Now I will ask you about guilty feelings

- 0 I don't feel particularly guilty.
- 1 I feel guilty over many things I have done or I should have done.
- 2 I feel quite guilty most of the time.
- 3 I feel guilty all of the time.

14) Now I will ask you about past failure

- 0 I do not feel like a failure.
- 1 I have failed more than I should have.
- 2 As I look back, I see a lot of failures.
- 3 I feel I am a total failure as a person.

15) Now I will ask you about worthlessness

- 0 I do not feel I am worthless.
- 1 I don't consider myself as worthwhile and useful as I used to.
- 2 I feel more worthless as compared to other people.
- 3 I feel utterly worthless.

16) Now I will ask you about difficulty in concentration

- 0 I can concentrate as well as ever.
- 1 I can't concentrate as well as usual.
- 2 It's hard to keep my mind on anything for very long.
- 3 I find I can't concentrate on anything.

17) Now I will ask you about indecisiveness

- 0 I make decisions about as well as I ever.
- 1 I find it more difficult to make decisions than usual.
- 2 I have much greater difficulty in making decisions than I used to.
- 3 I have trouble in making any decisions.

18) Now I will ask you about feelings of punishment

- 0 I don't feel I am being punished.
- 1 I feel I may be punished.
- 2 I expect to be punished.
- 3 I feel I am being punished.

19) Now I will ask you about pessimism

- 0 I am not discouraged about my future.
- 1 I feel more discouraged about my future than I used to be.
- 2 I do not expect things to work out for me.
- 3 I feel that the future is hopeless and will only get worse.

20) Now I will ask you about suicidal thoughts or wishes.

- 0 I don't have any thoughts of killing myself.
- 1 I have thoughts of killing myself, but I would not carry them out.
- 2 I would like to kill myself.
- 3 I would kill myself if I had the chance.

Questions on intimate partner violence

Instruction: Proceed to ask the following 2 questions when you have completed the BDI

21) Sometimes husbands/wives get angry and abuse their partners. In the past 3 months, has your husband/wife ever spoken to you using language which is threatening (for e.g. that he/she was going to hit you) or abusive (e.g. called you names, accused you of having relations with other men/women etc)?

1. Yes 2. No. 999. Don't Know 998. Refused to answer

22) In the past 3 months, has your husband/wife slapped, hit, kicked, pinched, pulled your hair ?

1. Yes 2. No. 999. Don't Know 998. Refused to answer