(FOR OFFICE USE ONLY)







- We are researchers and we want to get your views about school and find out about your health. This is <u>NOT</u> a test. There are no right or wrong answers!
 - Your name is not on this questionnaire. This questionnaire is COMPLETELY CONFIDENTIAL. No-one except the researchers will find out what you write. Your family, friends and school will NOT find out what you write.
 - Please answer all the questions as truthfully as you can. Please fill it all in and be honest. The answers you give will be used to try and improve schools and young people's health.

Please put a tick (</) in the boxes provided. If you have made a mistake, put a cross (x) through the box and answer again.

-9 Missing

-8 Not applicable (Go to questions)

-5 If answered in correctly
ie. Multiple response when only 1 regid.
ighores goto-,

1. How old are you?				
2. Are you: Male D		Fen	nale	-2
3. Which ethnicity best de	scrib	es y	ou? P	lease √ <u>one</u> box
White British White other Asian or Asian British Black or Black British Chinese or Chinese Britisl Mixed ethnicity Other ethnic group	h	000000	1-7	·
4. What religious group or	r chu	rch (do you	belong to? Please √one box
None Christian Jewish Muslim/Islam Hindu Sikh I don't know / not sure Other religious group		000000	1-8	
5. Which adult or adults (r with?	<u>not</u> in	clud	ling old	ler siblings) do you live
Please ✓ as many as apply My mother My father My stepmother My stepfather My foster-mother My foster-father Someone else	¥	000000	7,	× 1
6. Are any of the adults the part-time or full-time?	_			in paid work, either
Yes □ 2	No	- 		I don't know 🛚 3

7. What kind of hous	se or flat do you live in?	Please ✓ <u>one</u> box only
One rented from a	r family (including one with a mortga	ge) -5
8. Does your family	own a car, van or truck?	
Please ✓ <u>one</u> box	only	
No Yes, one Yes, two or more	- 1-3 -	•
9. Do you have your	own bedroom for yourself?	
No Yes	□ 1 □ 2	
	12 months, how many times o with your family?	lid you travel
Not at all Once Twice More than twice	1-4 	
	outers (including laptops and consoles and smartphones) (<u> </u>
Please ✓ <u>one</u> box	only	
None One Two More than two	- \-4 	-

The following questions are about your experiences of secondary school. Remember that your answers are confidential.

12. Have you been at this school since the start of Year 7?

Please ✓ <u>one</u> box only			- 2					
Yes, I have been at this school since No, I have changed secondary scho			_ 2 _ l					
13. How much do you agree with the following statements? Please one box on EVERY line								
	YES! Totally agree!!	Yes, I agree a bit	No, I don't really agree	NO! Totally disagree!!				
The teachers at this school are fair in dealing with students				1·	- L4			
There's at least one teacher or other adult in this school I can talk to if I have a problem				¯ □ ¯				
I feel I can go to my teachers with the things that are on my mind								
In this school, teachers believe all students can learn								
In this school, students' ideas are listened to and valued								
In this school, teachers and students really trust one another								
In this school, teachers treat students with respect								
This school really cares about students as individuals		- '						
Most of my teachers really listen to what I have to say		0	_	0				
I really like most of my teachers at this school					√			

14. How much do you agree with the following statements?

Please ✓ one box on <u>EVERY</u> line

	YES! Totally agree!!	Yes, I agree a bit	No, I don't really agree	NO! Totally disagree!!	
I feel very different from most other students here					1-4
I can really be myself at this school					
Other students in this school take my opinions seriously				0	
I am encouraged to express my own views in my classes					
Most of the students in my classes enjoy being together					
Most of the students in my classes are kind and helpful			ο.		
Most other students accept me as I am					
I feel I belong at this school					\checkmark

15. How much do you agree with the following statements?

Please ✓ one box on EVERY line

	YES! Totally agree!!	Yes, I agree a bit	No, I don't really agree	NO! Totally disagree!!	
There are lots of chances for students at this school to get involved in sports, clubs and other activities outside class		0			1-4
Teachers at this school notice when students are doing a good job and let them know about it		· 🗖		0	
At this school, students have a lot of chances to help decide and plan school activities, events and policies		0		_	
Student activities at this school offer something for everyone					
Students have a say in decisions affecting them at this school					
Students at this school are encouraged to take part in activities, programs and special events	- 🗆	Ġ	-	0	\downarrow

16. How much do you agree with the following statements?

·	YES! Totally agree!!	Yes, I agree a bit	No, i don't really agree	NO! Totally disagree!!	
I try hard in school					1-4
Doing well in school is important to me					
Continuing or completing my education is important to me					
I feel like I am successful in this school					\downarrow

The following questions are all about your experiences of bullying and aggression <u>at this school</u>. Remember that all your answers are <u>confidential</u> and no-one will find out what you tell us.

We want to know if any of the following things have happened in your <u>last three months at school</u>.

17. Has any	one TEASED Y	OU or CALLED	YOU NAMES	at this
school i	n the last 3 moi	nths?	•	

No Yes -	□ → If 'No □ 2	o', plea	ise go to	questio	n 18 be	low	
How often?	•				1	Please ✓ <u>one</u> box on	ly
Most days About once a Less than one			 - 	3	-		
How upsettin	g was it whe	n you	were tea	sed or d	alled r	names?	
Please ✓ <u>one</u> Not at all A bit I was quite up			In	3		-	
18. Has anyone the last 3 mo	_	UMO	URS AI	BOUT	YOU :	at this school in	
	□ \ → If 'No □ 2	', plea	se go to	question	19 on	the next page	
How often?					1	Please ✓ <u>one</u> box on	ly
Most days About once a	week		1-3				
Less than one	ce a week		1				
			rs?		ı	Please ✓ <u>one</u> box on	ly

Q17-20
e.g. Q17a = NO
17b = -8 (Notapplicable)
17c = -8

1F 17a = No but respondent has still answered 17b+17c
17b = -5 (incorrectly filled out)

19. Have you been DELIBERATELY LEFT OUT OF THINGS at this school in the last 3 months?

No Yes	□1 → If'N □2	lo', ple	ase go to que:	stion 20 below
How ofter	1?	-		Please ✓ <u>one</u> box only
Most days About one Less than			1-3	
How upse	etting was it be	ing lefi	out of things:	? Please ✓ <u>one</u> box only
Not at all A bit I was quit	e upset	0	1-3	
				CALLY OR ACTUALLY this school?
No Yes	□) → if 'N □ 2	o', ple	ase go to the ı	next page
How ofter	1?			Please ✓ <u>one</u> box only
Most days About ond Less than	ce a week		1-3	
	once a week	Ц	•	
How upse	once a week etting was it be	_	eatened or hu	ırt? Please ✓ <u>one</u> box only

The next questions are about your experiences of <u>cyberbullying</u>. This is bullying through <u>mobile phone use</u> or by using the <u>internet</u>.

Examples of bullying using a mobile phone are:

- Receiving upsetting phone calls (e.g. malicious prank calls)
- Receiving abusive text messages

Examples of bullying through the internet are:

- Malicious or threatening emails directly to you, or about you to others
- Intimidation or abuse when participating in chat rooms
- Abusive instant messages (e.g. MSN)

In another way

Websites where nasty or unpleasant comments are being made

We want to know if any of these things have happened <u>either in</u> school or outside school in the last THREE months.

21. Have <u>you</u> been bullied through mobile phone use or on the internet in the <u>last three months</u>?

Please ✓ <u>one</u> box only		
No, I haven't	□ → If 'No ['] , go to qu. 23 (next pa	age)
Yes, once or twice		
Yes, two or three times a month	□ l-5 -	
Yes, about once a week	_ ` `	
Yes, several times a week or more	- ·	
	•	

22. If <u>Yes</u>, <u>how</u> did they bully you through mobile phone use or the internet in the last three months?

Please ✓ as MANY as apply 13×1 Using text messages Using multimedia texts (e.g. photos, videos, etc.) Using phone calls Through emails Through instant messages (e.g. MSN, Blackberry Messenger) **Through Twitter Through Facebook** Through other social networking websites (e.g. myspace) Through video sharing websites (e.g. YouTube, Vine, etc.) Through photo sharing websites (e.g. Instagram, flickr, etc.) Through a blog (e. blogspot, LiVEJOURNAL, etc.) Through chat rooms

23. Have **YOU** ever bullied anyone else using your mobile phone or using the internet?

1-5

Please ✓ one box only

Yes, two or three times a month

Yes, once or twice

I was given extra homework to do

No, never

-24.

that mig school.	ght have	happend	ed <u>at</u>	
Never!	1 or 2 times	3 or 4 times	5 or more times!	·
		-		1-4
	<u> </u>	o ~		
	0	0		
	–	0		
	that mig school. hool how nething:	that might have school. hool how often donething you had Never! times	that might have happend school. hool how often did these nething you had done with times. I or 2 3 or 4 times. Never! times times.	that might have happened at school. hool how often did these things nething you had done wrong? Never!

- 🗆

25. During the last <u>3 months of school</u> how often did you do these things <u>at school</u>?

Please ✓ <u>one</u>	box on <u>EVERY</u> line							
	•	Most days!	At least once a week	Less than once a week	Hardly ever or never!			
Arrive late for cla	8888					1-4		
Fight in or outside	the class					_		
Refuse to do hom	ework or class work			. 🗖				
Be cheeky to a tea	acher							
Use bad or offens	ive language							
Wander around so	chool in class time							
Purposely damag belonging to the s	e or destroy things school							
Threaten a teach	er							
. Hit or kick a teach	ner					ł		
Cheat doing home	ework or tests							
Threaten another	student			Ò				
Hit or kick anothe	r student							
Get in a fight	-					1		
26. Have you ever been in a physical fight (e.g. punching or kicking) at this school?								
Yes No	02							
27. During the last <u>3 months of school</u> , have <u>you</u> skipped / bunked off school?								
Yes No	02 01			-				

28.	During the this school			<u>ol,</u> have any of <u>yo</u> ?	<u>ur friends</u>	at
	Yes No	□ 2. □ \				
29.	Have <u>you</u> E from this s		temporaril	y or permanently	excluded	
	Yes No	2 1		·		
30.	Have any o			school EVER been	tempora	rily
	- Yes No	02 01				
31.	•	: <u>12 months</u> ice OUTSID		ever been stoppe	ed or told	off
	No Yes, twice		0 l		more times	02 04
32.		: <u>12 months</u> d by the po	· ·	ever been formal	ly caution	ed
	No Yes, twice		_3 _	Yes, once Yes, three or I	more times	04 04
33.	How many the police	of them ha	ve been tol	who are the same d off, stopped or personal in the same of the sam		
	Please ✓ on None of the Most of ther	m	□ 1	A few of them All of them	_2 _4	
34.	hospital be	cause you		nights have yöu s cident or injury?	pent in	
	Please ✓ <u>on</u> None Two nights	-		One night Three nights	_ Z	

health se had an a		.GP, hos	nny times have you u pital outpatients) be	
None Two time More tha	_	□ ^{l.} □ 3 colease state	One time Three times how many <u>もとメヒ</u> .	0 2 0 4
We want to leither in sch			owing things have h	appened
			you ever carry a kni on or in case it was :	
Yes	02	No	_ 1	
		• ,	you use force, threa nething else from so	
Yes	-2	No		
_	not belong t		you damage or dest purpose (e.g. windo	
Yes	- 2	No	- \	
_			you ever set fire or t . bus shelter, shop,	_
Yes	02	No	_ (•
We also wan	t to know a	bout your	health.	
40. Which of	the followi	ng best de	escribes you?	
I currently	smoke e-ciga	rettes		- 1-4
	d e-cigarettes currently smo		2 months	0
	d e-cigarettes o but do not c	_		
_	er tried e-ciga	_	ve nielli	

41. Have you ever tried smo	oking a cigare	ette, even if	it was only a						
Yes □ 2. No □ 1 → If 'No	', please go to qu	estion 43							
42. If yes, how often have you smoked cigarettes in the last month?									
Please ✓ <u>one</u> box only									
I have not smoked in the last month I have only smoked once or twice in the last month I have smoked about once a week in the last month I have smoked daily or almost daily in the last month									
43. Have you ever drunk ald	cohol (more ti	nan just a si	p)?						
Yes □ 2 No □ \ → If 'No	', please go to qu	estion 45							
44. If yes, how often do you									
Please ✓ <u>one</u> box only			_	8					
l have not drunk alcohol in t I have drunk alcohol once o I have drunk alcohol about o	twice in the last		nonth \-3 -	<u>-</u>					
45. Has anyone ever offered	d you any dru	gs? Please ✓	one box only						
No, I've never been offered drugs		l □ →gotog	ıu. 47 next page						
Yes, I've been offered drugs but I d	idn't try them	2. □ → go to q	u. 47 next page						
Yes, I've been offered drugs and I t	ried them	3 □ → answe	r question 46						
46. If you have tried drugs, have you tried any of the following and how often?									
,	Yes, in the last week	Yes, in the last month	Yes, but not in the last month						
Cannabis (hash, weed, joints, spliff)	0		₋ 1-3						
Sniffing glue or solvents (lighter fuel, petrol, gas)	0								
Other drugs	0		□ ↓						
			-8° -5						

47. For each of the following items, please mark either the box for "Not True", "Somewhat True" or "Definitely True".

Please answer them all as best you can even if you are not absolutely sure or they seem odd questions!

Please give your answers on the basis of how things have been for you over the last <u>SIX MONTHS</u>

Please ✓ <u>one</u> box on <u>EVERY</u> line	Not True	Somewhat True	Definitely True
I try to be nice to other people. I care about their feelings	_	_	₀ 1-3
I am restless, I cannot stay still for long			
I get a lot of headaches	. 🗖	0	<u> </u>
I usually share with others (food, games, pens etc.)	0	0	
I get very angry and often lose my temper	٥	.	0
I am usually on my own. I generally play alone or keep to myself	_		
I usually do as I am told .			
I worry a lot			-
I am constantly fidgeting	0		
I have one good friend or more			_
I fight a lot. I can make other people do what I want		0	
I am often unhappy, down-hearted or tearful		. 🗖	
Other people my age generally like me			- -

ALL YOUR ANSWERS ARE COMPLETELY CONFIDENTIAL

	Not True	Somewhat True	Definitely True
I am easily distracted, I find it difficult to concentrate			o 1-3
I am nervous in new situations. I easily lose confidence			
I am kind to younger children			
I am often accused of lying or cheating			
Other children or young people pick on me or bully me	0		-
i often volunteer to help others (parents, teachers, children)		0	_
I think before I do things			
I take things that are not mine from home, school or elsewhere	_		_
I get on better with adults than with people my _own age	<u> </u>		_
I have many fears, I am easily scared	0	Ġ	
I finish the work I'm doing. My attention is good			_ /

48. How much of a problem have these things been for you in the past ONE month ... Please yone box on EVERY line

	Never	Almost Never	Sometimes	Often	Almost Always	
It is hard for me to walk more than 50 metres					`	1-5
It is hard for me to run			_ 🗆			1
It is hard for me to do sports activity or exercise				. 🗆		
It is hard for me to lift something heavy						
It is hard for me to take a bath or shower by myself						
It is hard for me to do chores around the house						
I hurt or ache						
I have low energy						
I feel afraid or scared						
I feel sad						
I feel angry						
I have trouble sleeping						
I worry about what will happen to me						
I have trouble getting along with other kids						
Other kids do not want to be my friend						
Other kids tease me						\checkmark

ALL YOUR ANSWERS ARE COMPLETELY CONFIDENTIAL

	Never	Almost Never	Sometimes	Often	Almost Always
I cannot do things that other kids my age can do					₀ 1-5
It is hard to keep up when I play with other kids					
It is hard to pay attention in class					
I forget things					
I have trouble keeping up with my schoolwork					
I miss school because of not feeling well					
I miss school to go to the doctor or hospital					□

49. Below are some statements about <u>your feelings</u> and thoughts. Please tick the box that best describes your experience of each over the <u>LAST TWO WEEKS</u>.

-	None of the time	Rarely	Sometimes	Often	Always	
I've been feeling optimistic about the future			. 🗆		o 1-5	5
I've been feeling useful			_ ~·			
I've been feeling relaxed						
I've been dealing with problems well						
I've been thinking clearly						
I've been feeling close to other people						
I've been able to make up my own mind about things						

These questions ask about how you are **TODAY**.

50. For each question, read all the choices and decide which one is most like you <u>TODAY</u>. Then put a tick in the box next to it.

Please ✓ one box only for each question

How worried are you today?		
I don't feel worried today I feel a little bit worried today I feel a bit worried today I feel quite worried today I feel very worried today	0000	1-5
How sad are you today?		
I don't feel sad today I feel a little bit sad today I feel a bit sad today I feel quite sad today I feel very sad today	0000	1-5
Are you in pain today?	•	
I don't have any pain today I have a little bit of pain today I have a bit of pain today I have quite a lot of pain today I have a lot of pain today I have a lot of pain today	0000	1-5
How tired are you today?		
I don't feel tired today I feel a little bit tired today I feel a bit tired today I feel quite tired today I feel very tired today	0000	1-5
How annoyed are you today?		
I don't feel annoyed today I feel a little bit annoyed today I feel a bit annoyed today I feel quite annoyed today I feel very annoyed today	0000	1-5
How well did you sleep last night?		
Last night I had no problems sleeping Last night I had a few problems sleeping Last night I had some problems sleeping Last night I had many problems sleeping Last night I couldn't sleep at all		1-5

Please ✓ one box only for each question

ol work	/home	work today (such as	reading and	d writing)				
I have no problems with my schoolwork/homework today I have a few problems with my schoolwork/homework today I have some problems with my schoolwork/homework today I have many problems with my schoolwork/homework today I can't do my schoolwork/homework today								
routine	(thing	s like eating, having	a bath/shov	ver)				
I have no problems with my daily routine today I have a few problems with my daily routine today I have some problems with my daily routine today I have many problems with my daily routine today I can't do my daily routine today								
vities li	ke play	ing out with your fri	iends and do	oing sports?				
I can join in with any activities today I can join in with most activities today I can join in with some activities today I can join in with a few activities today I can join in with no activities today								
And some more questions about school 51. How fair do you think the rules are at this school?								
nly								
000	1- L	+						
havo	mulos	that are written	a down ea	mawhara?				
Have	No		I don't kno					
nis scl	hool t	ry to make sure	that stud	lents obey				
nly								
	y school my schomew routine by daily homew routine by daily home day vities lities to divities to divi	y schoolwork n my daily routine n my daily rout	y schoolwork/homework today n my schoolwork/homework today n my schoolwork/homework today n my schoolwork/homework today n my schoolwork/homework today homework today routine (things like eating, having ny daily routine today n my daily routine today vities like playing out with your fri ities today vities today ivities today	my schoolwork/homework today my daily routine today my daily routin				

54. Are you involved with any extra-curricular activities at your school?

Please ✓ as many as apply			
No Yes – Sports Yes – Art, music or drama Yes – Other clubs	_ _ _	母けべ」	if 'NO' - 8 applies If 'Yes' (any' Ist variable -8.
55. Do you feel safe at this so	hool?		
Please ✓ <u>one</u> box only			-
All the time Most of the time Some of the time Never	0	1-4	

We want to find out about personal, social and health education (PSHE) lessons at your school. These are the lessons about relationships, your personal development and your health.

56. How much do you agree with the following statements about personal, social and health education (PSHE) in this school?

	YES! Totally agree!!	Yes, I agree a bit	No, I don't really agree	NO! Totally disagree!!
It teaches me what I want to know about health			Π.	□ 1-4 1
it helps me feel more confident				
It helps me understand other people's feelings and problems				0
It doesn't teach me anything that I don't know already				
In PSHE students can be honest about how they feel				₋ V

This part of the	questionnaire	is about your	r friends at scho	ol.
------------------	---------------	---------------	-------------------	-----

57. First of all, how many	y friends do you have <u>at this school</u> ?
Please ✓ <u>one</u> box only	
None	→ If 'None' , please go to question 63 on the next page
58. Recently have you ha your <u>friends</u> at school	ad any fights or arguments with any of $9.58-62$
Please ✓ <u>one</u> box only	038-82
No Yes – with one or two peo Yes – with more than two	
59. If you get angry or up can tell how you feel	oset do you have a friend at school you ?
Please ✓ <u>one</u> box only	
No Yes – one or two people Yes – more than two peo	pple 0
60. When you feel happy share this with?	do you have a friend at school you can
Please ✓ <u>one</u> box only	
No 🗆 \ Yes 🗆 2	
61. Do you have a friend thoughts and feelings	at school you can trust with your private s?
Please ✓ <u>one</u> box only	
No D 2	
62. Is there anyone who how you think and fe	really knows you very well (understands el) at school?
Please ✓ <u>one</u> box only	
No □ Yes □ Yes, sort of □	1-3

63. Which of the following have you seen happen at this school in the last 3 months of school

Please ✓ as many as apply

Boys fighting	T×1
Girls fighting	, , , .
Someone threatening someone	
A student trying to hurt another student	
Someone robbing money or a mobile phone	
Someone letting off a firework	
Someone carrying a knife	

That is the end. THANK YOU!

Please remain quiet until everyone has finished.