**In-depth interview: Recent mothers**

# Theme 1: Socio-demographic and interview information

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| * 1. ID:   2. Interview date:   3. Interview start time:   4. Interview end time:   5. Marital status:   6. Ethnicity:   7. Religion:   8. Last completed year of education:   9. Main occupation:   10. Age: | * 1. Household members:   2. Total number of children delivered:   3. Place of last delivery   4. Sex of baby:   5. Age of baby   6. Socio-economic status (observe):   7. Interviewer code:   8. Translator code:   9. Tape recording number: |

**Theme 2: Attitudes and response to the behaviors**

* 1. How are newborns kept warm in this community? What about immediately after they are delivered? Is this same in both hot and cold weather, and for day and night deliveries? Is it different for home and facility deliveries?
  2. When are newborns first bathed in this community? What is the reason for this? Is it different for home and facility deliveries?
  3. When does breastfeeding usually start in this community? What is the reason for this? Is it different for home and facility deliveries?
  4. Are babies usually given food and fluids other than breast-milk in the first days and weeks of life? What are the reasons for this?

**Theme 3: Agency, self efficacy and decision making**

* 1. Who in the family makes decisions about how money is spent? Does this change if you are sick and need to go to the health facility? Is this the same if the baby would be sick?
  2. Who are the ones that decide on care of a newborn in your household? How do they make decisions? How do you feel about this? Is this similar to other families in the community?
  3. Who was involved in caring for your baby immediately after delivery and in the first few days of life, please include yourself?

**Theme 4: Social networks and advice**

* 1. I would like to ask you some questions about people in your community
* Do you think that most of the people here deliver at home or in a facility?
* What do people in your community think about those who deliver in a facility? What about those who deliver at home?
* Have you heard of anyone in your community putting the naked baby against their bare skin for at least an hour after delivery? What do you think people in the community would think about someone who did this?
* Are most people in your community visited by a HEW after delivery? **If yes: how soon after delivery does this usually happen?**
* What do people in the community think about people who are visited? What about those who are not visited?
  1. Have your family members given you advice on how you should take care of your newborn? And what about your friends? How important is it to you what your friends and family think of how you take care of your baby? How much have they made you change your practices?

**Theme 5: The HDA and HEW**

* 1. What are the main roles that the HDA (1-30 development team leader) play in relation to pregnant, recently delivered women and newborn babies in this community? What about the HEW, what is their role?
  2. How suitable do people think the HEW is to carry out her tasks in terms of her age, education, training, experience and attitude?
  3. Were you visited by the HDA or HEW during pregnancy? What about the first few days after delivery? Can you tell me what happened during these visits? Which of your family members were involved?
  4. Were there any parts of the visits that you particularly liked or that you did not like? Which parts?
  5. What advice did the HEW or HDA give you on:
  + Where to deliver
    - Had you heard this advice before? When? Who from?
    - What did you feel when you heard the advice? **Probe if the respondent does not reply:** Surprised? Worried? Happy? Reassured? Something else?
    - Did you remember the advice when you went into labour?
  + How to care for the baby immediately after it come out
    - Had you heard this advice before? When? Who from?
    - What did you feel when you heard the advice? **Probe if the respondent does not reply:** Surprised? Worried? Happy? Reassured? Something else?
    - Did you remember the advice immediately after your delivery?
  + Bathing the baby after delivey
    - Had you heard this advice before? When? Who from?
    - What did you feel when you heard the advice? **Probe if the respondent does not reply:** Surprised? Worried? Happy? Reassured? Something else?
    - Did you remember the advice immediately after your delivery?
  + Breastfeeding the baby
    - Had you heard this advice before? When? Who from?
    - What did you feel when you heard the advice? **Probe if the respondent does not reply:** Surprised? Worried? Happy? Reassured? Something else?
    - Did you remember the advice after your delivery?
  + Giving foods or fluids other than breast milk
    - Had you heard this advice before? When? Who from?
    - What did you feel when you heard the advice? **Probe if the respondent does not reply:** Surprised? Worried? Happy? Reassured? Something else?
    - Did you remember the advice after your delivery?
  1. *Did any of their advice you received change how the baby was cared for? Tell me more.*
  2. Do you think the HEW visit changed how your family viewed your ability to take care of your newborn?

**Theme 6: Most significant change**

* 1. What do you think have been the biggest changes in how newborns are cared for in this community in the last 2 years? What do you think influenced this change?

**Theme 7: Interviewer comments and reflections:** Include where the interview was conducted, any interruptions, the mood during the interview, how open the respondent was and your views on their personality and family dynamics.

**Thank the respondents for their time**