

### Infant and Young Child Feeding Index (ICFI) Scoring Table

|                                  | Age Group (Months) |       |        |       |        |       |        |       |
|----------------------------------|--------------------|-------|--------|-------|--------|-------|--------|-------|
|                                  | 6-8                |       | 9-11   |       | 12-35  |       | 36-59  |       |
|                                  | Value              | Score | Value  | Score | Value  | Score | Value  | Score |
| <b>Breastfed (24 hours)</b>      | Yes                | +2    | Yes    | +2    | Yes    | +1    | Yes    | 0     |
| <b>Food Groups (24 hours)</b>    | 1                  | +1    | 1 or 2 | +1    | 2 or 3 | +1    | 3 or 4 | +2    |
|                                  | ≥2                 | +2    | ≥3     | +2    | ≥4     | +2    | ≥5     | +3    |
| <b>Meal frequency (24 hours)</b> | 1                  | +1    | 1 or 2 | +1    | 2      | +1    | 2      | +1    |
|                                  |                    |       |        |       | 3      | +2    | 3      | +2    |
|                                  | ≥2                 | +2    | ≥3     | +2    | ≥4     | +3    | ≥4     | +3    |

For more information see Guevarra E, Siliing K, Chiwile F, Mutunga M, Senesie J, Beckley W, et al. IYCF assessment with small-sample surveys - A proposal for a simplified and structured approach. Field Exchange. 2014;47: 60–70.