Alcohol Use Disorders Identification Test (AUDIT)



HOE-FO3

Introduction: Now I would ask you a few questions regarding your drinking in the last 3 months.

AUDIT 1

How often do you have a drink containing alcohol?

- 0 Never **[Skip to Qs 9-10]**
- 1 Monthly or less
- 2 Two to four times in a month
- 3 Two to three times a week
- 4 Four or more times a week

AUDIT 2

How many drinks do you have on a typical day when are you are drinking?(Note: 1 drink=10g).(use table given)

- 0 1 or 2 drinks
- 1 3 or 4 drinks
- 2 5 or 6 drink
- 3 7, 8 or 9 drinks
- 4 10 drinks or more

AUDIT 3

How often do you have 6 or more drinks on one occasion? (replace with equivalent amount from box given alongside)

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

Note: 6 drinks is equal to:

Regular Beer: 2 and ½ bottles

Strong Beer: 1 and ½ bottle

Spirits: 1 Quarter
Wine: 1 bottle

Caju Feni: 1 Quarter

Coconut Feni: 1 and ½ Quarter

Urrack: 2 Quarters

Pre-Mixed Drinks: 6 bottles

Skip to Questions 9 and 10 if Total Score for Questions 2 and 3 = 0

AUDIT 4

How often during the last three months have you found that you were not able to stop drinking once you started?

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

AUDIT 5

How often during the last three months have you failed to do what was normally expected of you because of drinking?

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

AUDIT 6

How often during the last three months have you needed a first drink in the morning to get yourself going after a heavy drinking session?

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

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AUDIT 7

How often during the last three months have you had a feeling of guilt or remorse after drinking?

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

AUDIT 8

How often during the last three months have you been unable to remember what happened the night before because you had been drinking?

- 0 Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

AUDIT 9

Have you or someone else been injured because of your drinking?

- 0 Never
- 2 Yes, but not in the last three months
- 4 Yes, during the last three months

AUDIT 10

Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested that you should cut down?

- 0 Never
- 2 Yes, but not in the last three months
- 4 Yes, during the last three months